

ST. STEPHEN'S  
EPISCOPAL CHURCH

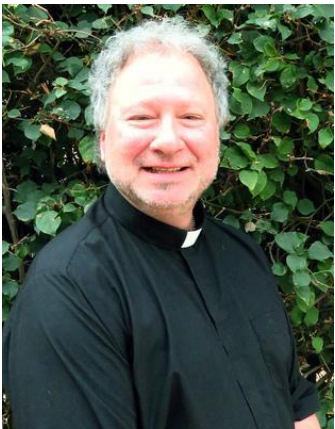


Health  
&  
Wellness

Saturday 23 June 9am – 12pm

**ST. STEPHEN'S EPISCOPAL CHURCH HOSTS,  
A FR. JOHN CHRISTOPHER PRESENTATION**

## RECOVERY WORKSHOP



- Substance abuse education
- Spiritual Consequences of addiction
  - Self
  - Loved ones
- Open discussion
- Q & A Sessions
- Individual discussions with Fr. John

The Rev. John Christopher is a cradle-born Episcopalian and a priest in the Diocese of Arizona. John has been in recovery from alcohol and drugs for over 23 years. It is now his main ministry as both the Director of Recovery Ministries for the state of Arizona and a board member of the Recovery Ministries of the Episcopal Church (RMEC). John left the Episcopal Church at the age of 15 and did not return until his forties. He also counseled people with chemical dependency issues for almost a decade. More of John's story of recovery will be revealed this weekend. He is married to Lisa Christopher, also in recovery. Between them they have three daughters and six grandchildren. John loves to hike, read and spend time in solitude. Lisa teaches yoga, runs a business on Amazon, and ferociously gardens. A statement that would define John's work with addiction and recovery would be, "anyone can recover if they base their recovery in a spiritual journey."

Admission is free, but please **RSVP to 520-458-4432 or [office@ststephensaz.org](mailto:office@ststephensaz.org)**