



## How do you navigate the Alzheimer's journey?

Complimentary session will outline the basics and beyond

Join us in Sierra Vista for a morning focused on Alzheimer's disease and related dementias, presented by the Banner Alzheimer's Institute. Arizona has the highest projected growth rate of Alzheimer's disease in the country, making it so important to understand and get involved. Don't miss this opportunity to learn from and interact with noted physician assistant Helle Brand.

This workshop will focus on Dementia 101, Living day-to-day with Dementia, and ending with a lively Dementia Q&A session. Participants will learn about the stages of Alzheimer's and what to look for, rules to remember for caregivers, and have an opportunity to ask any unanswered questions.

Please feel free to bring a sack lunch.

### **DATE**

Wednesday, July 24

### **TIME**

9am - 12:30pm

### **LOCATION**

Sierra Vista Community Church  
of Christ: Fellowship Hall  
240 N. Highway 90 Bypass  
Sierra Vista, AZ 85635

### **COST**

Free

### **REGISTER**

[BAITucson.Eventbrite.com](http://BAITucson.Eventbrite.com)  
or (520) 694-6889

**[BannerAlz.org](http://BannerAlz.org)**

### **Banner Alzheimer's Foundation**

Banner Alzheimer's Institute relies on the generous support of charitable contributions from our donors and the greater community to offer a variety of programs and services that help families and numerous research studies. To learn more about ways to contribute, contact **602.747.GIVE (4483)** or at [give.bannerhealth.com/alzheimers](http://give.bannerhealth.com/alzheimers)

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