



Thoughtful Life Conversations: Advance Healthcare Planning

Online - Zoom

Thursday, July 1, 2021, 2pm – 3:15pm

Who will speak for you if you can't speak for yourself?
We can have a say in our care. A good talk now for good days ahead.

Advance Healthcare Planning made easier!

Conversations Matter!

For those 18 years or older who want to learn about:

- Planning for having your healthcare wishes honored throughout life
- Accessing resources and documents for healthcare decisions
- Talking to others about your wishes
- Completing documents such as healthcare power of attorney and living will
- Sharing, reviewing and updating these healthcare planning documents
- Reducing fear and stigma around talking about end-of-life issues

Zoom Registration Required:

To register, see resources and other upcoming events, go to:

<https://www.seago.org/advance-care-planning>

OR Register Directly at

<https://us02web.zoom.us/meeting/register/tZUocO2hqTgpGdHU75HHe7LdwGGKoErQNA3>

Info: Veronica "Ronnie" Squyres, feelwellsleepwell@gmail.com, 520-355-5226

Area Agency on Aging Region VI, Community Education Coordinator