

LENT

A Season of Renewal



Saint Stephen's welcomes everyone who wishes to follow Christ, worship together, grow in faith and share God's love through service to others.

THE FEAST OF HARRIET STARR CANNON

Wed 6 April 9:30am, 2022



Harriet Starr Cannon (May 7, 1823 – April 5, 1896) was a nun who founded the Sisterhood of St. Mary, one of the first orders of Augustinian nuns in the Anglican Communion and which remains dedicated to social service.

Early life

Cannon was born in Charleston, South Carolina to stock broker William and Sally Hinman Cannon. The Cannons were a merchant family whose ancestors were wealthy Huguenots who fled France for New Netherlands about 1632 and lived in New York City by 1693.^[1]

On September 29 and 30, 1824 William and Sally Cannon, respectively, died of yellow fever. Seventeen-month-old Catherine Starr and three-year-old Harriet were orphaned.^[2] Sally's brother-in-law, Captain James Allen had stopped in the port of Charleston about that time. He rescued the girls, brought them aboard his boat, and took them to their maternal aunt, Mrs. Fowler^[1] or Mrs. Hyde in Bridgeport, Connecticut where they were raised.^[2] The sis-

Continued Pg.11



Welcome and Announcements:

Rev. Allison Cornell

Opening Acclamation:

Presider: Bless the Lord who forgives all our sins

People: **His mercy endures forever.**

Presider: Happy are those whose sins are forgiven, whose wrongs are pardoned. I will confess my sins to the Lord, I will not conceal my wrongdoings.

Silence

Presider: God forgives and heals us.

**All: We need your healing, merciful God: give us true repentance.
Some sins are plain to us; some escape us, some we cannot face.
Forgive us; set us free to hear your word to us; set us free to serve
you. Amen**

Presider: God forgives you. Forgive others; Forgive yourself.

Silence

Presider: Through Christ, God has put away your sin: approach your God in peace.

Kyrie Eleison / Lord, have mercy - Richard Proulx

**Lord have mercy, upon us
Christ have mercy, upon us
Lord have mercy, upon us**

The Collect of the Day:

Presider The Lord be with you

People **And also with you.**

Presider Let us pray

All: Gracious God, who called Harriet Starr Cannon and her companions to revive the monastic vocation in the Episcopal Church and to dedicate their lives to you: Grant that we, after their example, may ever surrender ourselves to the revelation of your holy will; through our Lord and Savior Jesus Christ, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. Amen.

The Word of God *(Please be seated)*

First Lesson: A reading from Hebrews 13:7-16

Remember your leaders, those who spoke the word of God to you; consider the outcome of their way of life, and imitate their faith. Jesus Christ is the same yesterday and today and forever. Do not be carried away by all kinds of strange teachings; for it is well for the heart to be strengthened by grace, not by regulations about food, which have not benefited those who observe them. We have an altar from which those who officiate in the tent have no right to eat. For the bodies of those animals whose blood is brought into the sanctuary by the high priest as a sacrifice for sin are burned outside the camp. Therefore Jesus also suffered outside the city gate in order to sanctify the people by his own blood. Let us then go to him outside the camp and bear the abuse he endured. For here we have no lasting city, but we are looking for the city that is to come. Through him, then, let us continually offer a sacrifice of praise to God, that is, the fruit of lips that confess his name. Do not neglect to do good and to share what you have, for such sacrifices are pleasing to God.

Lector: The word of the Lord.

People: **Thanks be to God.**

Psalm 131 *(Read aloud in unison)*

Domine, non est

- 1 O Lord, I am not proud; ***
I have no haughty looks.
- 2 I do not occupy myself with great matters, ***
or with things that are too hard for me.
- 3 But I still my soul and make it quiet,**
like a child upon its mother's breast; *
my soul is quieted within me.
- 4 O Israel, wait upon the Lord, ***
from this time forth for evermore.

Gospel Lesson:

Reader: The Holy Gospel of our Lord Jesus Christ according to
Mark 9:33-37

People: Glory to you, Lord Christ

Jesus and his disciples came to Capernaum; and when he was in the house he asked them, “What were you arguing about on the way?” But they were silent, for on the way they had argued with one another who was the greatest. He sat down, called the twelve, and said to them, “Whoever wants to be first must be last of all and servant of all.” Then he took a little child and put it among them; and taking it in his arms, he said to them, “Whoever welcomes one such child in my name welcomes me, and whoever welcomes me welcomes not me but the one who sent me.”

Reader The Gospel of the Lord
People Praise to you, Lord Christ

Homily

The Apostles' Creed

Leader: Let us proclaim our faith in the words of the Apostles Creed:

**All: I believe in God, the Father almighty,
creator of heaven and earth;
I believe in Jesus Christ, his only Son, our Lord.
He was conceived by the power of the Holy Spirit
and born of the Virgin Mary.
He suffered under Pontius Pilate,
was crucified, died, and was buried.
He descended to the dead.
On the third day he rose again.
He ascended into heaven,
and is seated at the right hand of the Father.
He will come again to judge the living and the dead.**

**I believe in the Holy Spirit,
the holy catholic Church,
the communion of saints,
the forgiveness of sins
the resurrection of the body,
and the life everlasting. Amen**

Prayers of the People

Presider: Blessed are you eternal God,

People: to be praised and glorified for ever.

Heavenly Father, hear us as we pray for the unity of the Church.
May we all be one that the world may believe.

Grant that every member of the Church may truly and humbly serve
you,

that the life of Christ may be revealed in us.

We remember those who have died.

Father, into your hands we commend them.

(Remembering N) We praise you for all your saints
who have entered your eternal glory.

May we also come to share your heavenly kingdom.

Have compassion on those who suffer from sickness, grief or trouble.

In your presence may they find strength.

Look with your kindness on our homes and families.

Grant that your love may grow in our hearts.

Make us alive to the needs of our community.

Help us to share one another's joys and burdens.

We honor and pray for our indigenous neighbors

That we may dwell together in respectful harmony

Inspire and lead those who hold authority in the nations of the world.

Guide us and all people in the way of justice and peace.

Strengthen all who minister in Christ's name.

In the Diocesan cycle of prayer we pray *for St. Paul's Sudanese Mission in Phoenix.*

In the Anglican cycle of prayer we pray *for The Diocese of Eastern Kowloon – Hong Kong Sheng Kung Hui.*

Give us courage to proclaim your Gospel.

Exchange of the Peace

Presider *May the peace of Christ be always with you*

All **And also with you.**

The Ministers and People may greet one another in the name of the Lord.

Offertory

Presider: Offer to God a sacrifice of praise and thanksgiving, and make good your vows to the Most High

The Holy Communion

The Great Thanksgiving

New Zealand BCP

Presider *The Lord is here.*

People **God's spirit is with us**

Presider *Lift up your hearts.*

People **We lift them up unto the Lord.**

Presider *Let us give thanks unto our Lord our God.*

People **It is right to offer thanks and praise.**

Presider: It is right indeed, it is our joy and our salvation, holy Lord, almighty Father, everlasting God, at all times and in all places to give you thanks and praise through Christ your only Son.

You are the source of all life and goodness; through your eternal Word you have created all things from the beginning and formed us in your own image; male and female you created us. When we sinned and turned away you called us back to yourself and gave your Son to share our human nature. Who though tempted in every way as we are, yet did not sin; through your Christ therefore we may triumph over sin and grow in grace.

Therefore with the faithful who rest in him, with angels and archangels and all the company of heaven, we proclaim your great and glorious name, for ever praising you and saying:

Presider and People:

Hymnal #S129

**Holy, holy, holy Lord,
God of power and might,
heaven and earth are full of your glory.
Hosanna in the highest.
Blessed is he who comes in the name of the Lord.
Hosanna in the highest.**

All glory and thanksgiving to you, holy Father.

On the night before he died your Son, Jesus Christ, took bread; when he had given you thanks, he broke it, gave it to his disciples, and said: Take, eat, this is my body which is given for you; do this to remember me.

After supper he took the cup; when he had given you thanks, he gave it to

them and said: Drink this, all of you, for this is my blood of the new covenant which is shed for you and for many for the forgiveness of sins; do this as often as you drink it, to remember me.

Glory to you, Lord Christ; your death we show forth; your resurrection we proclaim; your coming we await; Amen! Come Lord Jesus.

Therefore loving God, recalling your great goodness to us in Christ, his suffering and death, his resurrection and ascension, and looking for his coming in glory, we celebrate our redemption with this bread of life and this cup of salvation. Accept our sacrifice of praise and thanksgiving which we offer through Christ our great high priest.

Send your Holy Spirit (+) that these gifts of bread and wine which we Receive may be to us the body and blood of Christ, and that we, filled with the Spirit's grace and power (+), may be renewed for the service of your kingdom.

United in Christ with all who stand before you in earth and heaven, we worship you, O God, in songs of everlasting praise. Blessing, honor and glory be yours, here and everywhere, now and forever. Amen.

Presider: *As Jesus taught us we now pray: (Contemporary version)*

**Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done, on earth as in heaven.
Give us today our daily bread.**

**Forgive us our sins as we forgive those who sin against us.
Save us from the time of trial and deliver us from evil.
For the kingdom, the power, and the glory are yours
now and for ever. Amen.**

The Breaking of the Bread

(Presider breaks the consecrated bread)

Fraction Anthem

Hymnal 1982 #S161

Lamb of God, you take away the sins of the world have mercy on us.

Lamb of God, you take away the sins of the world have mercy on us.

Lamb of God, you take away the sins of the world grant us peace.

Invitation to Communion:

Presider: The Gifts of God for the People of God: Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, and with thanksgiving.

All are welcome to come forward to receive communion. Please observe the social distancing by using the marks on the floor. Indicate a dipping motion to have your bread dipped in the wine. To receive just the bread without the wine, extend arm with hand open, palm up to receive the bread. Move to the side to lift/lower mask to eat bread, replace mask and return to your seat.

Prayers for Birthdays, Anniversaries, Healing, Travelers, and Gratitude

Post Communion Prayer

Presider: Let us pray:

All: Father of all, we give you thanks and praise, that when we were still far off you met us in your Son and brought us home. Dying and living, he declared your love, gave us grace and opened the gate of glory. May we who share Christ's body live his risen life; we who drink his cup bring life to others; we whom the Spirit lights give light to the world.

Benediction:

Presider: May the peace of God which surpasses all understanding keep your hearts and minds in the knowledge and love of God and the blessing of God: the Father, Son, and Holy Spirit be among you and remain with you now and forever. **Amen.**

Dismissal

Presider: People of St. Stephen's, what does God call us to do?

People: **We are called to love and serve.**

Presider: Let us go forth in the name of Christ

People **Thanks be to God.**

Stations of the Cross to follow at 10:30

ters had an especially close relationship as well as joined their aunt's five children. Harriet was described as cheerful, well-mannered, intelligent, and a proficient artist and musician. She taught music and art to children who were friends or relatives.^{[1][2]} Harriet lost one eye in a childhood accident when she moved while her hair was being combed.

While in New York visiting relatives, Harriet was confirmed in 1844. A relative, however, described as a "great society girl, and not at all religious."^[2]

Her sister married John Ruggles in 1851 and moved to [California](#). Moreover, the Hyde family moved to [Milford, Connecticut](#). Sometime beforehand, Harriet moved to Brooklyn where she sang in the Grace Church choir and taught music. Harriet planned to move to California, and began to say her good-byes to family members but shortly before embarking in 1855, she learned that Catherine had died. This "became the crisis of her life". She later recalled, "I can look back to one period of my life when I scarcely knew whether the sun rose or the sun set; when for days there seemed to be no one in the world but myself." Forty years later, Cannon still came to tears when she talked about her sister and stated that if Catherine had lived, she would not have become a sister and mother of the church.^{[1][2]}

Sisterhood of the Holy Communion

On March 6, 1856 Harriet Cannon became a probationer of the Episcopal order of [deaconesses](#), [Sisterhood of the Holy Communion](#), founded about a decade earlier by [Anne Ayres](#). The order was somewhat controversial; detractors criticized their attire and mission for resembling [Catholic](#) nuns.^[2] For the probationary three-year period, Cannon was expected to support herself financially. She cared for seriously ill patients, including some quarantined or victims of [small pox](#).^[2]

The deaconesses assisted the poor in [New York City](#) under the auspices of Rev. [William Augustus Muhlenberg](#) and the [Church of the Holy Communion](#), and had recently helped found [St. Luke's Hospital](#). Dr. Muhlenberg described the deaconesses as "the centre around whom the others are to rally, carrying out her directions and deriving through her, in return, supplies, protection, and all needful provision for their comfort."^[2] During this time, he also described a visit as attending physician:

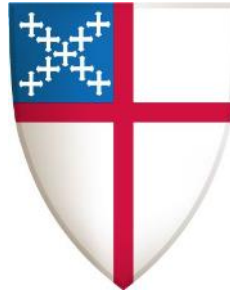
...he found a young probationary Sister, rocking, as he lay wrapped in a blanket within her arms, a little boy, very ill with the loathsome disease. She was singing a hymn for him, and the poor child smiled as he looked up in her face and forgot his pain and restlessness. Dr. Muhlenberg came down from the ward enamored of the picture—'The very ideal of a Sister of Charity.'

— *Sister Mary Hilary, CSM, Ten Decades of Praise*^[2]

Community of St. Mary

In 1863, conflicts with Ayres led Cannon and four other sisters to leave and establish a new order, initially called the Sisters of St. Catherine. On February 2, 1865, Bishop [Horatio Potter](#) (1802-87) formally received Cannon, Jane Haight, Mary Heartt, Amelia Asten, and Sarah Bridge as the "Sisterhood of St. Mary". The new order, now called the [Community of St. Mary](#) (CSM), followed a modified Benedictine rule. It concentrated its efforts upon helping

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