

# **TLC TRANSITIONAL Living Communities**

## **Structure of Program**

Minimum 90 Day Commitment (90 Meetings in 90 Days)

\$175 per week service fee

The service fee provides 3 meals a day, a bed to sleep in, a dresser or shelves to put your clothes in, and all your meetings. When you first start you would share a room with 4-6 people and it's bunk bed style.

The service fee starts the day you arrive on the property and you must sign a promise to pay. You do not need any money down when you enter the TLC program.

For the first 72 hours, you would be restricted to the property during an orientation period, and then you would be going out in the community to look for a job unless you owe a previous balance or do not have an ID or SS card then we do have a Labor Group to help take care of service fees.

Meetings you would be expected to go to are:

- \*1 morning meditation meeting and 1-2 hours of meetings every night.
- \*12 weeks of a Big Book Study
- \*8 weeks of Relapse Prevention
- \*2 Peer Support Groups a week
- \*Property chores to do daily

Medications that a doctor prescribes are generally going to be ok. However, we do not allow any narcotic or opioid medications, including Suboxone, Methadone, Barbiturates, Dilaudid, or Adderall.

After 15 days of residency, if it's your first stay with TLC, you can earn your level, which is a progression of responsibilities and privileges. So, at that time, when you meet certain qualifications and your peers would vote you in, as well as accept some responsibilities as one of the leaders on the property (like helping out the newcomers and whatnot), it is possible to get a more private two-person room, a later curfew and things like that.